

Cancer Care

AT BERGER HEALTH SYSTEM

Berger Health System Cancer Care

Berger Health System is dedicated to providing high-quality, patient-centered care and access to cancer care services required to diagnose, treat, rehabilitate, and support. In 2018, we worked to meet or exceed standards for cancer care set by the American College of Surgeons Commission on Cancer (CoC) and were granted accreditation. The following Preventative and Screening programs highlight some of our efforts to continuously improve the quality of care we provide our patients.

Prevention (CoC Standard 4.1)

Skin Cancer & Melanoma

According to the 2018 Ohio Annual Cancer Report by the Ohio Department of Health Ohio Cancer Incidence Surveillance System, Melanoma is in the top 5 of new invasive cancer cases in Ohio, 5.3%. Additionally, the 2017 Pickaway County Cancer Profile from the Ohio Department of Health Melanoma of the skin is prevalent at a rate of 23.2 in Pickaway County, which is higher than Ohio (20.4) and U.S. (22.3). According to the American Cancer Society, Cancer of the skin is by far the most common of all cancers. Melanoma accounts for only about 1% of skin cancers but causes a large majority of skin cancer deaths. Ultraviolet (UV) light exposure from the sun or tanning beds is a major risk factor for Melanoma.

To reduce the risk of skin cancer & Melanoma, Berger Health System offered three presentations on Summer Safety and Skin Cancer Prevention. Information was presented to Pickaway County employees and community members. The presentation focused on ways to protect skin and prevent skin cancer during the heat of summer. Information on self-screening for skin cancer was also provided. During our Cancer Education event, Berger Health System Partner, OhioHealth, was onsite to do Dermascan screenings to show sun damage.

2018 Outcomes

During our Cancer Education event, 64 people in attendance received screening criteria and had the opportunity to have questions answered by an onsite subject matter expert. Nineteen attendees participated in the Dermascan screening.



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Prevention Continued (CoC Standard 4.1)

Lung Cancer

Lung cancer is the leading type of cancer for Pickaway County. Smoking is estimated to cause more than 30% of all cancer deaths in the United States, including 80% of lung cancer deaths among men and women. It is by far the most important risk factor for lung cancer. Smoking cessation is shown to reduce lung cancer, and improve prognosis and response to treatment in cancer patients.

To reduce the risk of lung cancer, Berger Health System offers a six week Stay Quit Tobacco Cessation Program to the community and employees. The course offers a variety of evidence-based techniques as well as behavioral modification, moral support and counseling on medication and nicotine replacement therapies.

2018 Outcomes

Four 6-week courses were offered in 2018. Seven people signed up to participate in the Stay Quit Tobacco Cessation Program. Of those, 5 attended the courses; of those all 5 had a reduction in the habit and 3 of those stopped smoking.

Screening (CoC Standard 4.2)

Lung Cancer

Lung cancer is the most diagnosed cancer in Pickaway County accounting for 17% of cancer cases and 34% of cancer deaths. To help diagnose lung cancer in its earliest stages among this high-risk population, Berger Health System offers Low Dose Lung CT screenings. To continue the success of the redesigned low dose cancer screening program, educational and marketing materials have been kept updated in the Berger Health Partner Provider offices. Information and screening criteria was offered to attendees of the Cancer Education event. An imaging subject matter expert was onsite for questions and answers.

2018 Outcomes

As of December 1, 2018, 153 Low Dose Lung CT screenings were performed in 2018, a greater than 50% increase from 2017. Of those, 9 malignancies were discovered and 20 additional patients have required short-term follow up imaging.



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Screening Continued (CoC Standard 4.2)

Breast Cancer

Breast cancer is the most common reportable cancer among women in Ohio, accounting for 28% of all cancers diagnosed in women. In Pickaway County, breast cancer represents nearly 15% of all new cancer cases and has a higher percentage of late-stage diagnoses compared to the state and nation. Early detection remains the goal when treating breast cancer. Mammography can detect cancer at an early stage and can improve overall prognosis.

2018 Outcomes

As of October 31, 2018, 2,546 patients were screened with mammography in 2018. Of those, 332 returned for additional imaging due to abnormal findings. Of those requiring breast biopsies, 9 were found to have breast cancer.

During our Cancer Education event, 64 visited the education table and received educational guidance on breast self-examination and had questions answered by Dr. Carrie Yost. Additionally, attendees received self-breast examination cards to use as a reminder and resource each month. Education on Berger Health System's new 3D Mammography equipment and comparative examples in resolution were shown. Onsite scheduling of screening mammograms was offered with 7 attendees scheduling mammograms.



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