

Official Sports Medicine Provider For Pickaway County Student Athletes



Cara Acksel, MS, AT
Teays Valley Schools



Caleb Betz, AT
Logan Elm Schools



Shannan Hegarty, AT
Westfall Schools

WESTFALL



Rob Snow, MS, AT
Circleville Schools



Maggie Mancini, AT
Ohio Christian University



Brian Weiss, AT | Not pictured
Ohio Christian University



All of our trainers provide services
at New Hope Christian Academy

Berger Health System's certified athletic trainers are on the front line of care for student athletes in Pickaway County.

Our athletic training services are supplied to Ohio Christian University, New Hope Christian Academy, Circleville High School, Logan Elm High School, Teays Valley High School and Westfall High School.

Berger's athletic trainers also assist the Therapy & Sports Medicine department at Berger Hospital.

Education

All athletic trainers must have a bachelor's degree from an accredited college or university.

Each year our athletic trainers attend a minimum of 25 hours of continuing education programs.

Services Provided

- Injury prevention & education
- Clinical injury assessment
- Emergency care & treatment
- Rehabilitation
- Concussion management
- Physician care coordination
- Physical therapy care coordination
- Annual sports physicals
- Sport specific training clinics

Benefits of AT Services

- Rapid return to play
- Decreased re-injury rates
- Reduced lost time due to injury
- Access to modality treatments
 - Ultrasound
 - Electrical stimulation
 - Ice & heat treatments

